



The Dolphin Restaurant

SAMPLE LUNCH MENU

Seasonal Melon with Greenland Prawns and Marie Rose Sauce

Button Mushrooms coated in Breadcrumbs and a touch of Garlic

*Mussels poached in a creamed White Wine Sauce with chopped Onions
and a light flavouring of Tomato and Garlic*

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Pan-Fried Fillet of Jersey Plaice served with White Wine and Lemon Juice

Surf & Turf Rib-eye Steak topped with King Prawns with a touch of Garlic Butter

Charcoal grilled Rack of Lamb with grilled Tomato and Mushrooms

*Chicken Breast with Parma Ham, Mushrooms and Asparagus topped with melted Cheese in a Creamy Sauce
Market Vegetables and Potatoes in Season*

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*Choice of Gateaux * Vanilla Crème Brulée * Fresh Fruit Salad **

*Profiteroles with Chocolate Sauce * Cheeses & Biscuits * Choice of Ice Cream*

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2 Courses £ 21.75

3 Courses £25.75 (including Coffee & Chocolate Mints)